



MOVEMENT ESSENTIALS

Conditions of Participation

Maximum Number of People in ME Pilates Studio = 48

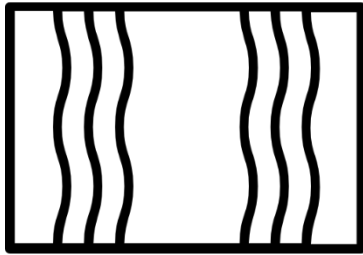


http://tiny.cc/ME_check-in



ALL PERSONS ENTERING THE PREMISE MUST COMPLETE THE MOVEMENT ESSENTIALS ELECTRONIC CHECK IN BEFORE ENTERING SCAN THE QR CODE (or type in link) TO COMPLETE OR CLICK THE LINK FROM OUR WEBSITE

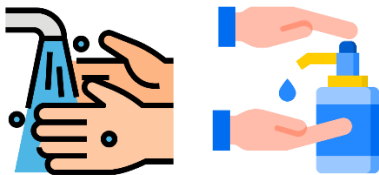
www.movementessentials.physio



Bring a **LARGE** towel for use on equipment



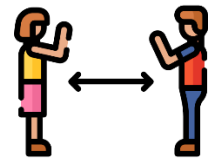
Remain in **SHOES** or wear clean **SOCKS** at all times



Wash / Hand Sanitise on Entry/Exit



If you arrive early (more 5mins) please wait in car



Maintain 1.5m social distancing as much as possible



Avoid crowding inside/outside the premise



If you feel unwell, stay home & reschedule



Wipe down shared equipment in between use and all equipment at conclusion



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